Core

Traveling? You're covered on the go.



With our Core plans, you can travel with peace of mind knowing you have coverage for the urgent and emergency care you need.

Travel within Washington state

And Idaho Kootenai and Latah counties

Pay your standard in-network copay, coinsurance, or deductible:

- Nearest Kaiser Permanente location
- Other urgent care location in your plan's network

Travel in other Kaiser Permanente regions

Kaiser Permanente has medical facilities in California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington state, and Washington, D.C. Before receiving care at a Kaiser Permanente facility outside the Kaiser Permanente Washington area, call Member Services to get a visiting member ID number.

Pay your standard in-network copay, coinsurance, or deductible at the nearest Kaiser Permanente location.

Access care online in another Kaiser Permanente region

Sign in at **kp.org** and add a new region of care from the drop-down menu. Once you confirm the region you'd like to add, you'll receive a success message, with a member number used to identify you in that region. This visiting member number should be used for scheduling or accessing in-person care in the new region.

Travel across the U.S.

All states outside Washington and outside Idaho Kootenai and Latah counties

Pay your applicable copay, coinsurance, or deductible:

- Nearest Aetna PPO network urgent care provider; access through Aetna Signature Administrators®
- Nearest urgent care[1]

International travel

- Nearest urgent care or hospital[1]
- Health advice from our Travel Advisory Service – details available at **kp.org/wa/travel-service**

Emergency care while traveling[2]

- **In the United States,** call **911** or go to the nearest hospital
- **Outside the U.S.,** call the local emergency number of the country you're visiting, or go to the closest emergency room
- **If admitted to a hospital,** call our Hospital Notification Line at **1-888-457-9516** as soon as reasonably possible

Find care near you

Washington state

And Idaho Kootenai and Latah counties

Kaiser Permanente clinicians and other in-network providers

Visit **kp.org/wa/find-a-doctor** and choose the network for your Core plan.

All other states

Kaiser Permanente clinicians (where available)

Visit **kp.org/locations**

For urgent and emergency care:
Aetna PPO network providers; access through **Aetna Signature Administrators**

Find a provider at **aetna.com/asa**

ZoomCare: In network and ready when you need it

Get convenient, same-day care at 19 Seattle-area locations across King and southwest Snohomish counties – with evening, weekend, and holiday hours available.[3] To schedule a same-day appointment, visit **zoomcare.com/kpwa**.

Nonurgent care options

When getting care from Kaiser Permanente, you can:

Call our 24/7 advice line

Use our 24/7 chat via secure online messaging

Email your Kaiser Permanente care team with nonurgent health questions

Schedule a video visit to meet with a clinician on your smartphone, tablet, or computer, or talk by video anytime, 24/7[4]

Schedule a phone visit to talk with your doctor, or call to talk with a clinician 24/7[4]

Learn more at **kp.org/getcare**

Pharmacy access

In-network access to all pharmacies listed at **kp.org/wa/find-a-doctor**

Questions? We're here for you.

Before getting nonemergency care outside of the Kaiser Permanente Washington area, call Member Services at **1-888-901-4636** (TTY **711**). They'll help you find the closest care option or answer any questions. You can also visit **kp.org/wa/travel** for more information.

1. Out-of-network urgent care services are subject to out-of-network copays, coinsurance, or deductibles. **2.** If you believe you have an emergency medical condition, call 911 or go to the nearest hospital. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage* or other coverage documents. **3.** All ZoomCare locations in King and southwest Snohomish counties are in the Kaiser Permanente Washington network except for the ZoomCare Bellevue Super Clinic (345 106th Ave. NE, Bellevue). Care received at the ZoomCare Bellevue Super Clinic will be billed as out of network. **4.** When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

All plans offered and underwritten by Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 2715 Naches Ave. SW, Renton, WA 98057.